



Hobart Districts

Little Athletics Centre Inc.

"Home of the Redbacks"

<http://www.hobartdistricts.asn.au>

Redback News No. 1 2009/2010

A Warm but very Wet Welcome

Hi – a warm welcome to the 2009/2010 Hobart Districts Little Athletics Centre (HDLAC) season! Due to the wet weather our first two meetings will be at the Domain on October 3 and October 10. Details are on the website. We are looking forward to another fun filled family season and hope you are ready for it.

Domain Meetings

The meetings at the Domain Athletic Centre (DAC) will be modified programs but based on our standard programs. We will not run hurdles or junior High Jumps to save having to cart up equipment for example. Tiny tots will not be run as there is no safe space for them and nor will ASAP.

Other centres will be joining us and on the 3rd there is a working bee conducted by Athletics South. We need to assist both other centres and Athletics South where possible during the meet.

Positions vacant

We have some positions that still require filling are:

Chief Timekeepers

Equipment Officer

Maintenance Officer

First Aid Officers

Kiosk Assistants

Under 6 Boy Age Group Manager

Under 6 Boy Age Group Assistant Manager

Under 7 Girl Age Group Assistant Manager

Under 12 Girl Age Group Manager

Under 12 Girl Age Group Assistant Manager

If you can assist with any of these roles or would like to help in some way in any other role please contact any committee member. We'd love to hear from you!

This year we are including a tick box form in registration packs for parents to indicate how they can help. Thanks to Adrian for this great idea to make it easier to attract parents to volunteer.

Quiz Night

This year we are holding a quiz night to raise funds for a new High Jump bag.

It will be in the Lenah Valley Hall in late January. Saturday the 30th starting at around 7pm has been suggested (the weekend after Australia Day).

Any preferred categories or ideas or prizes are always welcome so please don't hesitate to contact us – more details to be announced soon.

New High Jump Area Opening

The new all weather high jump area is ready for the start of the season. It will be used on our first meeting (at this stage October 17) at John Turnbull Oval. It has been used extensively during the winter as a tennis practise wall without any problems.

It looks like the first jump will be at training now (see training item below). So some lucky athlete will get to be the first to jump.

Hurdle Storage

During the off season we were able to enlarge the opening and replace the existing door under the community hall to store all our hurdles and the trolleys. The shed has so much more room now!

Many thanks go to Lindsay and Chris for their work on this project.

More Computers

We have bought some more computers to assist with the data entry and so there will be less waiting to get on a PC. We have also bought a laptop to take minutes and have a central storage point for all HDLAC documents.

These second hand machines were obtained from Wrest Point for \$120 and we kindly thank the IT section TSG for this.

Training

The training schedule was drawn up nice and early this year. Of course the bad weather has ruined this schedule. However we will start on October 15 with High Jump at this stage. The cost will be \$2 per athlete with the funds going to the coaches and centre to buy training aids. Some of these should be lots of fun.

The full training schedule is available on the notice board and of course on our very informative website.

Was Wednesday now Thursday

We made a decision at the end of last season to change both training and twilight days to Thursday.

Originally we were going to trial Thursdays for half the season but have now committed to running with Thursday for the entire 2009/2001 season.

We'll review this again at the end of the season so any feedback you may have over the course of the year would be helpful.

New Equipment

At our yearly review of equipment a number of items were identified that needed replacement or just things that we needed. These included some Javelins, shotputs, Discus as well as shovels, brooms, tapes, mats, vests and many more.

Please take care when using these items (especially the Javelins) as they can be damaged very easily. A big thank you goes to Peter for organising this purchase.

This has given the centre a pool of implements for training which can be borrowed if necessary. To do this the book must be filled out (located in the canteen) and signed by a centre official.

It is very important that these items do not sit at houses for long periods so many athletes can use them.

Finish Line Changes

This year we will be phasing in a new method of recording and timing athletes at the finish line. The AIMS system has been expanded to include direct entry via bar code scanning of times and places at the finish line.

Power and data cable will be run to the side of the oval to allow us to implement this.

We also want to implement regular changes of place judges so parents do not get "stuck" at the finish line for the entire meeting.

Upcoming TLAA Events

Although the season is just beginning we have to prepare for the TLAA events as most are in the south and before the Christmas break.

Centre Challenge Day
Sunday November 8.

Southern All State
Sunday November 29.

Relay Championships
Saturday December 13.

All of these are at the Domain.

Car Parking

A reminder about car parking when at John Turnbull Oval – if possible park at the bottom of the oval and not close under the trees close to the houses.

