

Age Group	PROGRAM 1										PROGRAM 2											PROGRAM 3										
Track Event	6	7	8	9	10	11	12	13	14	15	6	7	8	9	10	11	12	13	14	15	6	7	8	9	10	11	12	13	14	15		
Sprint Hurdles																					1	1	1	✓	✓	1	1	1	1	1		
200/300m Hurdles								1	/	1																						
70m	1	1	1	1	1	/	✓	/	1	1																						
100m											✓	1	✓	1	✓	1	1	1	✓	1	1	1	1	1	1	1	1	1	1	1		
150m											✓	1																				
200m	1	✓	1	1	1	1	✓	1	✓	/																						
400m													✓	1	✓	1	1	1	1	1												
800m				1	1	✓	✓	/	1	1																						
1500m																										1	1	1	1	1		
700m walk														✓																		
1100m walk															✓	✓																
1500m walk																	1	1	✓	✓												
Field Event	6	7	8	9	10	11	12	13	14	15	6	7	8	9	10	11	12	13	14	15	6	7	8	9	10	11	12	13	14	15		
Shot Put		✓					1		✓	1			1		✓			✓			1			✓		1						
Discus			1		1			1			✓			✓		1						1					1		1	1		
Vortex/Turbo Jav/Javelin	1			1		1						✓					1		1	1			1		1			1				
High Jump			1			1									✓			1	1	1				1			1					
Long Jump	✓	✓		1	1		1				✓	✓	✓	1		1					1	1	1		1			1	1	1		
Triple Jump								✓	✓	✓							✓									✓						